

# What's on the Menu?

May 2023 Secondary Breakfast

## Alternates Offered Daily

- Assorted Muffins
- Bagels
- Cereal
- Breakfast Bars
- Oatmeal
- Parfaits

## Sides

- Sausage Patty/Links
- Turkey Bacon
- Homefries
- Grits
- Strawberries
- Blueberries
- Peaches
- 100% Juice
- Fresh Fruit

Monday

Tuesday

Wednesday

Thursday

Friday

1  
Western Style Eggs  
Choice of sides

2  
Turkey Sausage, Egg and Cheese Breakfast Sandwich

3  
Waffles Syrup  
Choice of Sides

4  
Scrambled Eggs  
Choice of Sides

5  
Pancakes with Syrup  
Choice of Sides



8  
Breakfast Pizza With Cheese and Turkey Sausage

9  
Pancakes  
Choice of Toppings  
Strawberry/Blueberry Syrup

10  
Scrambled Eggs  
Choice of Sides

11  
Turkey Sausage, Egg and Cheese Breakfast Sandwich

12  
Pancakes with Syrup  
Choice of Sides



15  
Pancakes  
Choice of Sides

16  
Cheese Omelet  
Choice of Sides

17  
Western Style Eggs  
Choice of Sides

18  
Waffles With Syrup  
Choice of Sides

19  
Turkey Ham, Cheese and Egg Sandwich  
Choice of Sides



22  
Breakfast Pizza With Cheese and Turkey Sausage

23  
Scrambled Eggs  
Choice of Sides

24  
Waffles with Syrup  
Choice of Sides

25  
Turkey Sausage Egg & Cheese Sandwich

26  
**NO SCHOOL**



29  
**MEMORIAL DAY**  
**NO SCHOOL**

30  
Cheese Omelet  
Choice of Sides

31  
Waffles with Syrup  
Choice of Sides



**MOOD BOOST**



**All meals served with low fat milk**

*This institution is an equal opportunity provider.  
Menu subject to change without notice.*

# What's on the Menu?

May 2023  
Orange Secondary Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

**Protein/Protein  
Substitute  
Fruit  
Vegetable  
Bread/Grain  
Choice of milk**

1  
Macaroni &  
Cheese  
Carrot Coins  
Dinner Rolls

2  
Turkey Tacos  
Rice  
Seasoned Beans  
Salsa & Corn

3  
Three Cheese or  
Meat Lasagna  
Seasoned Broccoli  
Dinner Roll

4  
Hot Opened Face  
Turkey  
Mashed Potatoes  
Candied Yams

5  
Sloppy Joes  
Peas & Carrots



**Deli**

M-Turkey & Cheese  
T-Turkey Ham &  
Cheese  
W-Italian Hoagie  
Th-Chicken Salad  
F-Tuna Salad

8  
Roasted Chicken  
Seasoned Peas  
Mixed  
Vegetables  
Dinner Roll

9  
Chicken Fajitas  
Cilantro Lime  
Brown Rice  
Salsa & Corn  
Seasoned Beans

10  
Pasta with  
Meatballs  
Garlic Bread  
Romaine Salad

11  
Creamy Macaroni  
& Cheese  
Seasoned Spinach

12  
Home Made  
Meatloaf  
Mashed Potatoes  
Candied Yams  
Dinner Roll



**Wild Greens**

M-Caesar Salad  
T-Tuna Salad  
W-Chef Salad  
Th-Cheese Salad  
F-BBQ Chicken  
Salad

15  
Three Cheese  
Or  
Meat Lasagna  
Garlic Bread  
Sauteed Peas

16  
Taco Bar  
Fish Taco or  
Chicken Fajita  
Brown Rice  
Seasoned Beans  
Salsa & Corn

17  
Spaghetti with Meat  
Sauce  
Romaine Salad  
Garlic Bread

18  
Teriyaki Chicken  
Brown Rice  
Mixed Vegetables

19  
Grilled Cheese  
Sandwich  
Tomato Soup

**All Meals Come  
Complete with  
Choice of  
vegetable, fruit,  
grain and milk**

**2Mato**

- Cheese Pizza
- Pepperoni
- Turkey Sausage
- Veggie
- Meatlovers

22  
Italian Roasted  
Chicken  
Mixed Vegetables  
Carrots  
Dinner Roll

23  
Turkey Taco or  
Chicken Fajitas  
Brown Rice  
Seasoned Beans

24  
Penne Chicken  
Alfredo  
Broccoli & Dinner  
Roll

25  
Philly  
Cheesesteak  
Peppers and  
Onions  
Seasoned Fries

**NO SCHOOL**

**BEA  
WASTE  
WARRIOR**

**Fresh Grill  
Offered Daily**

- Hamburger
- Cheeseburger
- Chicken Patty
- Chicken  
Parmesan

29  
**MEMORIAL  
DAY  
NO SCHOOL**

30  
Turkey Taco or  
Chicken Fajita  
Cilantro Rice  
Seasoned Beans  
Corn & Salsa

31  
Macaroni w/ Meat  
Sauce  
Seasoned Peas &  
Carrots



**MOOD  
BOOST**

*All meals served with choice of fruit,  
vegetable and choice of  
low fat milk*

*This institution is an equal opportunity provider.  
\*Menu subject to change without notice*

Annette Santiago-  
973 677-4000 x41732

chartwells  
serving up happy & healthy